

## THINK SAFETY

There are a few simple rules worth remembering when it comes to safely working along the roadway. These rules must be reviewed by all participants before each clean-up session.



### For Your Own Safety...

- stay mentally alert at all times.
- wear protective footwear & gloves.
- wear light-coloured clothing that covers arms and legs.
- drink lots of fluids while you work, especially on hot days.
- be aware of any special needs of fellow participants. (i.e. medical)
- avoid over-exertion.
- stay alert for and avoid hazardous plants (e.g. poison ivy) and stinging insects.
- keep adequate supply of flags and trash bags on hand.



## PARTICIPANTS MUST...

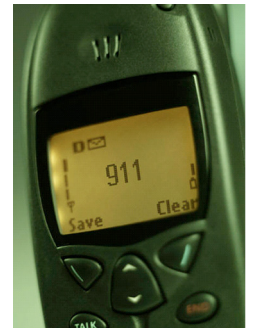
- receive County of Lambton safety training prior to the first pick-up of the year & review safety rules before each clean-up.
- be at least 12 years old.
- provide at least one (1) adult (19 years or older) supervisor for each five (5) workers.
- always wear an MTO approved safety vest.
- display the "Road Work" sign before starting the clean-up.
- carpool to minimize the number of vehicles at the work-site and always disembark from vehicles on the side adjacent to the ditch.
- park parallel to the road and as far off of the travelled portion as possible.
- park vehicles on the same side of the roadway as the participants.
- clean-up only one side of the highway at a time and work towards oncoming traffic.
- drive to the opposite side of the roadway when switching sides.
- pick-up litter during daylight hours only.
- flag hazardous and unidentifiable items for pick-up by public works staff.
- stay clear of any maintenance or construction operations and equipment.
- stay clear of water hazards.
- close the "Road Work" sign when finished the litter pick up.
- discontinue work in inclement weather.
- place filled trash bags at the designated pick-up site(s).

## PARTICIPANTS MUST NOT...

- disembark from vehicles until "Road Work" sign has been displayed.
- walk or pick up litter on the pavement, shoulder, or in the median.
- work on bridges, overpasses, steep ground, or in tunnels.
- walk across the pavement to switch sides or touch or pick-up hazardous items or anything that can not be identified.
- wear clothing or display material that might distract motorists.
- use or possess illegal drugs or alcoholic beverages before or during the clean-up.
- step or jump on trash bags.

### In Case of Emergency...

- have a first aid kit immediately available.
- pre-select the most direct route to the nearest medical emergency facility.
- always have transportation available.
- know where the nearest telephone is located.



## CONSIDER ADOPTING A COUNTY ROAD

The County of Lambton maintains 649 kilometres of road...and each kilometre of that road is up for adoption!

By adopting a County road, you can assist the County, and the community! Adopting a County road is a way for environmentally conscious citizens, community & civic organizations, private businesses and industry to contribute to a cleaner and more beautiful County road system.

Follow in the footsteps of the following organizations/families/businesses, and Adopt A County Road today!

Camlachie Fire Department

Cassia Lodge Thedford 116

Employees of the  
County of Lambton

Ladyluck Riders Motorcycle Club

Parking Family

Sarnia-Lambton Federal  
Liberal Association

Sarnia-Lambton  
Chamber of Commerce -  
Greenbelt Committee

Union Gas - Employees of  
Dawn Operations

Warwick Fire Department

Watford Rotary Club

Willsie Family

Wyoming Lions

Thank you for participating in the  
County of Lambton's  
ADOPT A COUNTY ROAD PROGRAM.



The County of Lambton encourages  
recycling whenever possible.



**Public Works Department**  
789 Broadway Street, Box 3000  
Wyoming, ON N0N 1T0  
Telephone: 519-845-0801  
Toll-free: 1-866-324-6912  
email: [goinggreen@county-lambton.on.ca](mailto:goinggreen@county-lambton.on.ca)  
[www.lambtononline.ca](http://www.lambtononline.ca)

## ADOPT A COUNTY ROAD PROGRAM



## Safety Guidelines



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